

Celebration Newsletter



Year 1

Freddie Fit came to school and Year 1 had so much fun learning how to keep fit and the importance of exercise for our mind and body. All the children showed good coordination especially when playing the games. We had the best time!

We have had another fantastic half term, full of opportunities to learn, have fun and live the Gospel values that make our school so special. Well done to all the children!



After School Club

The before and after school club continues to be a great part of school life. The children play a variety of games - indoors and out - and have opportunities for arts and crafts. They also get a snack! If you would like more information, please contact the school office staff.



Year 3

Year 3 had a flurry of fun in the snow! The children worked really well together to make some brrrrrr-illiant creations, exploring different techniques to gather and clear snow. It was snow much fun!



Year 2

This half term Year 2 have been learning how to use a word processor in our Computing topic. We have learnt what the different buttons on the keyboard does and we have even learnt how to change the font size, colour and style!



EYES

HAPPY
Chinese
new year

Nursery and Reception have been learning about the celebration of Chinese New Year. We have been moving like dragons, learning about our world, locating China on the map, as well as discussing the cultural differences. We have also tried Chinese food such as: rice, spring rolls and noodles.....they were delicious!

2024



Year 4



Year 4 are very lucky to be receiving extra music tuition throughout Spring term. Mrs Palmer, from the Tameside Music Service, teaches them every Monday and it is something the children really look forward to. She is blown away by their music ability and can't wait to expand this with the Violin, which they get to take home!!

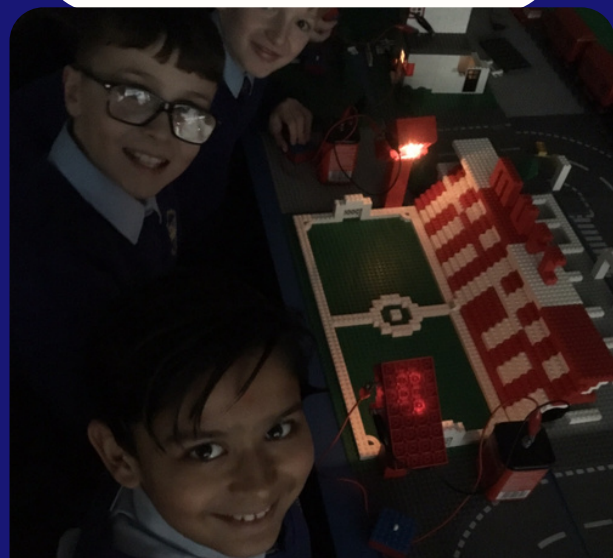
In Year 5, we have made a great start on our new topic 'Rivers.' We started by sequencing images of the River Axe from source to mouth and then matched up some four-figure grid references to our images. This was a challenging task but we worked hard as a group to do our best. Well done Year 5 for showing great perseverance and enthusiasm during these collaborative lessons!

Year 5



Year 6

Year 6 have been using our new science resources that we have recently received as part of our work with the Ogden Trust. The electricity equipment has allowed us to learn all about circuits and how to draw circuit diagrams correctly. We also loved our Electricity Workshop when we built Lego structures and connected them to circuits!



INTERNET SAFETY DAY 2024

It is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosey around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though; they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

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